



Important Information About Tribal PRAMS

Please Read Before Starting the Survey

The Tribal Pregnancy Risk Assessment Monitoring System (PRAMS) is a public health survey sponsored by the Albuquerque Area Southwest Tribal Epidemiology Center, the Navajo Nation Tribal Epidemiology Center, and the New Mexico Department of Health.

The purpose of Tribal PRAMS is to learn more about the experiences, attitudes and behaviors of Native American mothers around the time of their pregnancy. Your participation will also help us understand the health status and specific needs of Native American mothers and babies in New Mexico.

It takes about 20 minutes to answer all questions.

Your answers will be grouped with those from other women. What we learn from Tribal PRAMS will be used to plan programs to help Native American mothers and babies throughout New Mexico.

Once we receive the completed survey from you, we will mail you a \$30 gift card to honor your time and participation.

If you have questions about Tribal PRAMS,
or if you want to answer the questions by telephone, please call
the **Albuquerque Area Southwest Tribal Epidemiology Center, at 1-800-658-6717.**